

# Les Airis

écological vacation rental

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www.lesairis.fr

# How can it be ecological?

To ensure your well-being, we use exclusively ecological and organic products to do the housework and the laundry.



For your comfort, the bedding is completely natural! The mattress is in natural latex and organic cotton. The duvet is in natural wool and organic cotton. Bed and bath linen are also made of organic cotton.

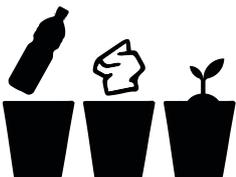


The furniture is almost all made with solid wood. The paints are classified A+ for their polluting emissions.



To limit energy consumption, all bulbs in the house are LED. We also took care to choose low-energy appliances.

All the taps of the house are equipped with water frothers limiting flow without compromising comfort. And the mixer tap of the kitchen only provides hot water when the knob is turned completely to the left.



We offer you the possibility of sorting your waste. You will find under the kitchen sink, a bin dedicated to the recycling of glass, a bin for other recyclable materials, a compost bin and a bin for non-recyclable waste.

# What to do with the waste?

Still to limit our impact on the environment, we put at your disposal 4 trash bins :

Depending on the length of your stay, you can empty your bins or drop your trash bags in the little house located at the entrance of the path. Otherwise, I'll do it after you leave.

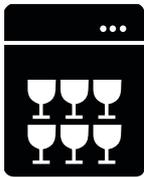
Similarly, you will find in the garden the composter where to empty your compost bin.

| ✓ Compostables                                                                      |                                                                                     |                                                                                     | X Non-Compostables                                                                  |                                                                                       |                                                                                       |
|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
|  |  |  |  |  |  |
| Food Leftovers & Plate Scrapings                                                    | Meat, Fish, Poultry & Bones                                                         | Fruit & Vegetables                                                                  | Metal                                                                               | Glass Bottles & Jars                                                                  | Plastic & Styrofoam                                                                   |
|  |  |  |  |  |  |
| Houseplants, Cut & Dried Flowers                                                    | Pasta, Grains, Bread & Cereal                                                       | Soiled Paper Towels & Tissues                                                       | Liquids                                                                             | Coated Paper                                                                          | Rubber Bands & Twist Ties                                                             |
|  |  |  |                                                                                     |                                                                                       |                                                                                       |
| Eggs Shells & Dairy                                                                 | Uncoated Paper Cups & Plates                                                        | Coffee Grounds, Filters & Tea Bags                                                  |                                                                                     |                                                                                       |                                                                                       |



# What is included with my journey?

**We want to provide anything you may need while you're here at Les Airis, without additional costs.**



You will find tablets for the dishwasher under the microwave. Be sure to remove the plastic film before using it. You will also find dishwashing liquid. Please use preferencely the dishwasher.

When you leave, if you have dirty dishes left, leave it in the sink, I'll take care of it. Please do not put wet dishes in the drawers.

You will find:

- salt and pepper on the kitchen worktop,
- chopped sugar and powdered sugar in a drawer on the right side of the hob,
- oil, vinegar and coffee filters under the microwave.



We also provide toilet paper, facial tissues (on the shelves) and paper towels (above the fridge). If you run out of them during your stay, do not hesitate to ask for more.

You will find clean towels under the sink in the bathroom, and the kitchen towel against the oven. There is also liquid soap in each bathroom and in the kitchen.



## What's the wifi network?



Network: freebox-les-airis  
Password: stop-global-warming



## Is it safe here?

The risks of aggression or burglary are very low in Avignon.

At the first floor, the bars on the windows protect the children from a possible fall.

Just be sure to follow the basic rules of security.

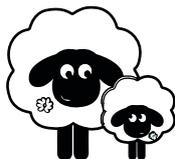
Always carry with you your valuables.

## How to keep the house fresh?



To maintain a pleasant indoor temperature during the hottest period, be sure to keep windows and doors closed during the day, and open them early in the morning or at night.

## What's in the kettle?



I put ceramic beads in the kettle to avoid the formation of limestone. Thank you to never remove or throw them.

To learn more about these beads.

Visit [www.vertsmoutons.com](http://www.vertsmoutons.com)

# Accueil Vélo



## REPAIR

### Dynamo Cycles

*in workshop / on site*

109 avenue Pierre Semard

+33 490 018 668

<http://dynamo-cycles.com>

tue. to sat. 9am30 - 12pm20

2pm30 - 7pm

### Vélo vallée

*in workshop / on site*

29 av. charles de gaulle

84130 Le-Pontet

+33 490 338 421

<https://www.velovallee.fr>

tue. to fri. 9am30 - 1pm

3pm - 7pm

sat. 9am30 - 6pm30

### Décathlon

*in workshop*

330 av. Marcou Delanglade

+33 490 138 080

mon. to sat. 9am30 - 7pm30

## RENTAL

### Provence Bike

7 av. Saint Ruf

+33 490 279 261

mon. to sat. 9am - 6pm30

sun. 10am - 1pm in july

*on reservation*

*from 01/11 to 31/03*

### South Spirit Bike

54 rue du Limas

+33675 542 188

[info@southspiritbike.com](mailto:info@southspiritbike.com)

tue. to sat. 9am - 6pm30

## LUGGAGE TRANSFER

### La malle postale

+33 471 042 179

+33 667 793 816

[contact@lamallepostale.com](mailto:contact@lamallepostale.com)

[lamallepostale.com](http://lamallepostale.com)

## BIKE ROOM

You have the possibility to store your personal bikes in the bicycle storage room.

You will also find in this room, 4 bicycles available for you free of charge, a pump, a repair kit and various other accessories.

If you need additional tools to repair your bike, do not hesitate to ask us.

## BIKE CLEANING

A water jet is available in the driveway of the cottage.

You will also find cleaning accessories in the bicycle room.

## PUBLIC TRANSPORT ACCOMMODATION WEATHER SITUATION

We're here to help you find out about the local public transport network and help you plan an optimized route.

We can also assist you in booking a taxi, train or plane tickets, as well as in booking your future accommodation.

For the latest weather forecasts for the region or another region in the coming days, please contact us.

# How to get to the city center?

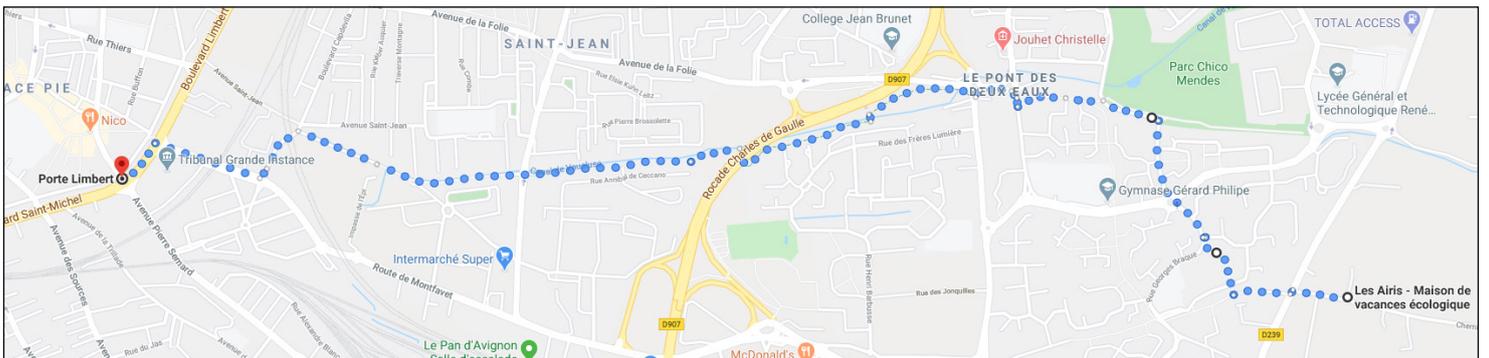


## By bike, the best option

Avignon is a small flat city. Cycling is the most suitable mode of transport. From Les Airis, it takes just 15 minutes to reach the ramparts by bike.

We can lend you up to 4 bikes and locks, and even a bike trailer to transport children. Do not hesitate to ask us !

Best of all, there is an end-to-end bike path along the canals. We do not roll next to cars! Find this route by scanning the following QR code



# How to get to the city center?



## By bus, fast and easy

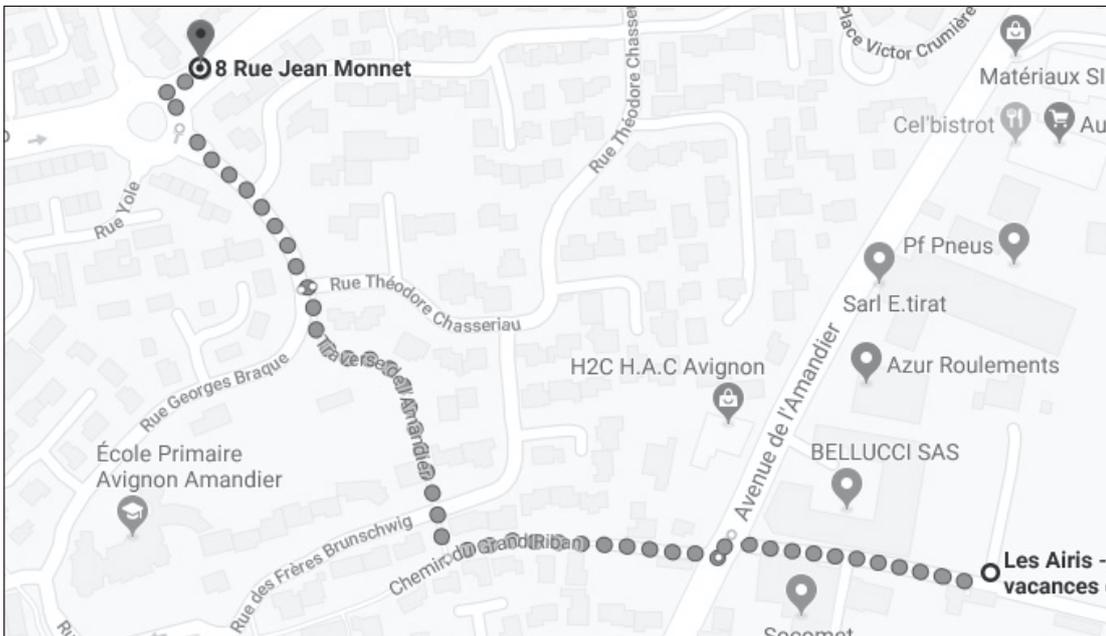
Our bus line is 1B and our bus stop is PELLENC.

**1 ticket costs 1,40 €** | **1 book of 10 tickets costs 12,50 €** | **1 day pass costs 3,50 €**

Single tickets are also available here. Do not hesitate to contact us.  
If you need a day pass or a book of 10 tickets, we can buy it for you.

From Les Airis, it takes just over 5 minutes to reach the stop,  
then 18 minutes to get to the ramparts.

Find this route by scanning the QR code



# How to get to the city center?

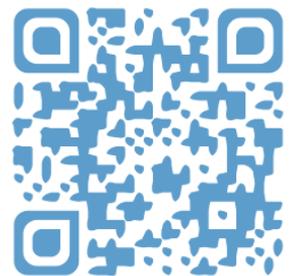


## By car

In July and August, we recommend to park in one of the 2 free relay parkings (in purple).  
The rest of the year, you can park in one of the 3 yellow parkings which are closer to the downtown.  
Until 7pm, they are limited to 5 hours, with 4 free hours.

Avignon has **2 free relay parkings**, one of 1100 places, and the other of 1400 places (in purple below).  
It also has **3 cheap parkings very close to the ramparts** (in yellow below).

Find this map by following the link <http://u.osmfr.org/m/76597/>  
Find the best route to the « parking des allées de l'ouille » by scanning the QR code



# What are our favorite places?



## La Princière

23 place des Corps Saints  
+33(0) 09 80 37 58 06

## Régal Glace

2 place du change  
+33(0)4 90 22 73 23



## L'explo

2 rue des Teinturiers  
Wen.- Sat. 5pm - 1am

## Beer o'clock

2 rue du portail Matheron  
Tue.- Sun. 5pm - 1am



## Marions-nous

1 place des carmes  
Wen. - Sun. 6pm - 1am30

## Le vin devant soi

4 rue collège du Roure  
Mon.- Sun. 10am - 8pm



## Hygge

(organic restaurant)  
25 place des carmes  
+33(0)4 65 81 06 87

## L'atelier de Belinda

17 place des corps saints  
+33(0)4 90 82 69 53

## Ginette et Marcel

(L'Épicerie) 25-27 Place des Corps Saints  
+33(0)4 90 85 58 70

## Café Julien

8 Cours des Frères Folcoaud  
+33(0)4 90 32 18 78



## Bella ciao

43 rue des Fourbisseurs  
Tue.- Sat. 10am - 7pm

## Chez Sylvain

114 rue Carreterie



## Biocoop Biotope

15 boulevard Saint-Lazare  
Mon.- Sat. 8am30 - 7pm30



## Marché des producteurs

boulevard Saint-Lazare,  
Avignon  
From 01/04 to 21/10, every  
monday 5pm – 7pm

## Marché des producteurs

Place de la mairie, Montfavet  
From 05/04 to 25/10, every  
friday 4pm30 - 7pm

## Marché d'Arles

Saturday 8am - 1pm

## Marché provençal de l'Isle-sur-la-Sorgue

Sunday 8am - 1pm



## Isle sur la Sorgue

More than 300 antiques.

[www.leboncoin.fr](http://www.leboncoin.fr)

Second hand products.

# Walking around

When you leave the property, on the left begins the meadows of Montfavet which lend themselves perfectly to a walk or bicycle ride.

You will be able to observe oaks and other centenary trees and taste their freshness, contemplate the flowers of the fields in spring, admire the network of canals...

The meadows extend quite far. We can provide you with a map that will allow you to plan your cycling route.

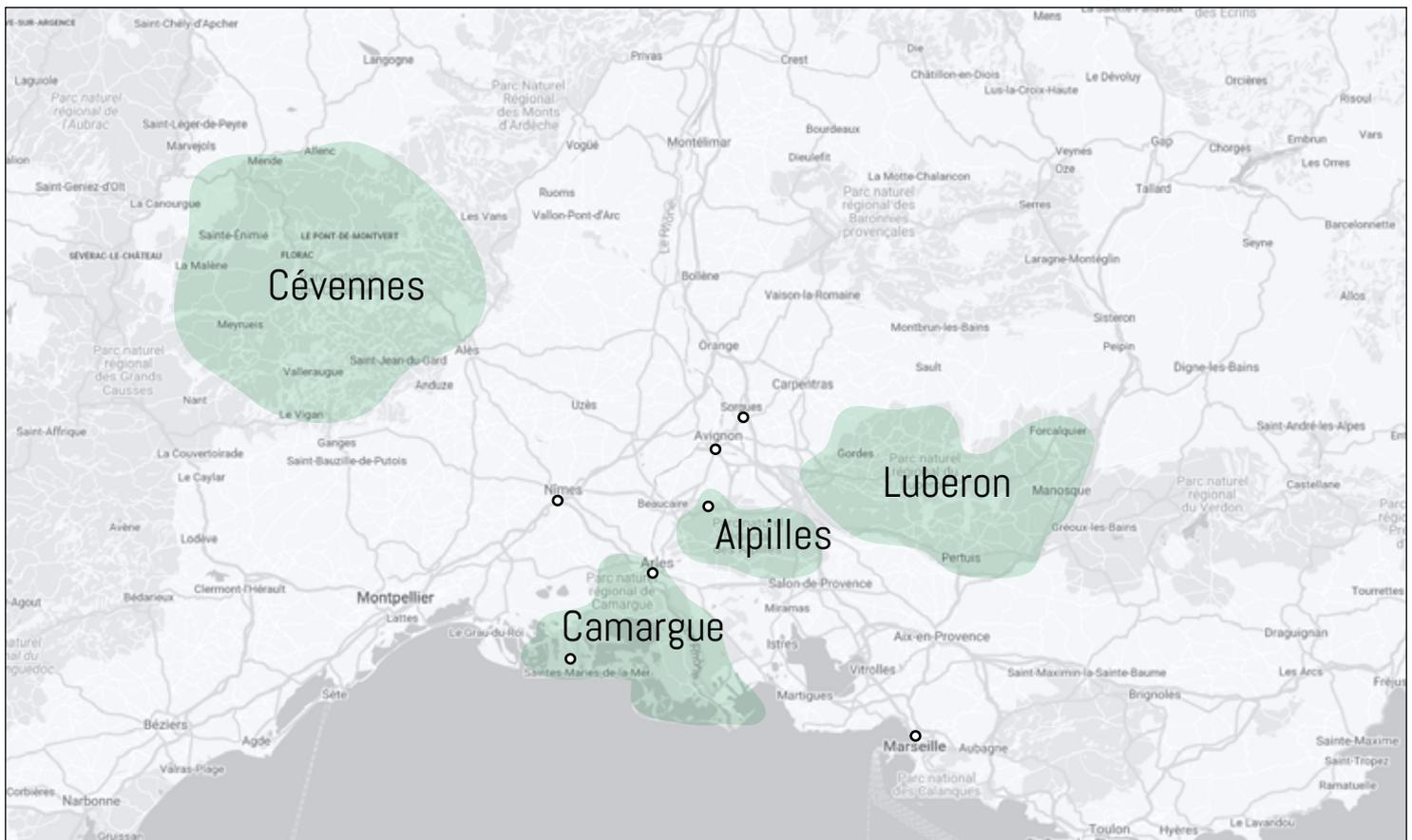


# What to visit?

Avignon is ideally located at the crossroads of beautiful regions. This is without doubt the best place to stay to discover Provence and visit the South of France.

By car, Arles and Nîmes are less than an hour, Aix-en-Provence and Marseille just over an hour and Montpellier less than an hour and a half.

Here are some tourist excursions we like.



# Isle-sur-la-Sorgue

As the name suggests, Isle-sur-la-Sorgue is a city on the water, a bit like Venice. It is very pleasant to walk there and be distracted by a duck, a wheel at Dawn, a pretty bridge... It is also a city known and recognized for its large number of antique dealers and antique dealers. It has nearly 300.



Find this itinerary by following the link <https://goo.gl/maps/bEhGh2ZpNYpcViPd8>.

In only 1h38 of road, you can visit four exceptional sites which counts among the most beautiful of France, and yet very different from each other.

On the road in Luberon 1/4

# Fontaine-de-Vaucluse

Fontaine-de-Vaucluse is a magnificent spectacle of nature. At the foot of a steep cliff 230m, in the hollow of a closed valley, springs a source, the source of the Sorgue, one of the largest in the world, fruit of the emergence of a huge underground network.

You can only go to the resurgence on foot. The walk to get there along the Sorgue is very pleasant.



Find this itinerary by following the link <https://goo.gl/maps/bEhGh2ZpNYpcViPd8>.

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On the road in Luberon 2/4

# Gordes

The dry white or gray stone houses line up in a spiral around the rock on which the village stands, with at its summit the church and the castle facing the Luberon hills.

Its privileged location, its exceptional charm and its typical architecture have earned it the status of “one of the most beautiful villages in France”.



Find this itinerary by following the link <https://goo.gl/maps/bEhGh2ZpNYpcViPd8>.

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## On the road in Luberon 3/4

# Roussillon

Set facing the Luberon, at the foot of the Monts de Vaucluse plateaus, the village of Roussillon is surrounded by sumptuous landscapes. It is also ranked among the most beautiful villages in France.

Located in the heart of the largest ocher deposit in the world, Roussillon is famous for its magnificent cliffs and impressive ocher quarries. The reds, yellows and chestnuts are contrasting in the middle of rich lush green pine forests.

Before taking the road to the trail of ochres, check rates and opening hours on the site <https://roussillon-en-provence.fr/ocres.html>



Find this itinerary by following the link <https://goo.gl/maps/bEhGh2ZpNYpcViPd8>.

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## On the road in Luberon 4/4

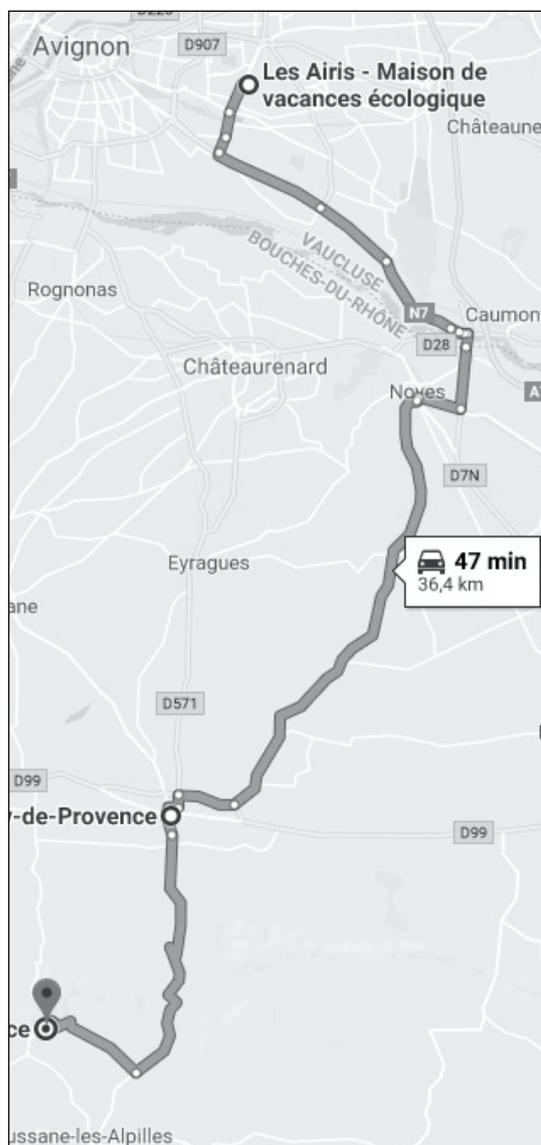
# Saint-Rémy-de-Provence

Located in the heart of the Alpilles, the historic center of Saint-Rémy-de-Provence has a lot of charm. While crisscrossing in the ancient narrow streets, you will discover beautiful mansions, old fountains and shady squares welcoming pleasant restaurant terraces and elegant shops.

Vincent Van Gogh painted more than 150 paintings in the surrounding countryside.

City of history, Saint-Rémy-de-Provence is built on one of the oldest archaeological sites in Europe. It includes the remains of the Comptoir de Glanum founded in the third century BC, and remodeled by the Romans under Julius Caesar.

It is also a good starting point for hiking in the Alpilles or going on the route of the wines of the Alpilles, very refined.



Find this itinerary by following the link <https://goo.gl/maps/QQxKLxHSpcSVmhGE9>

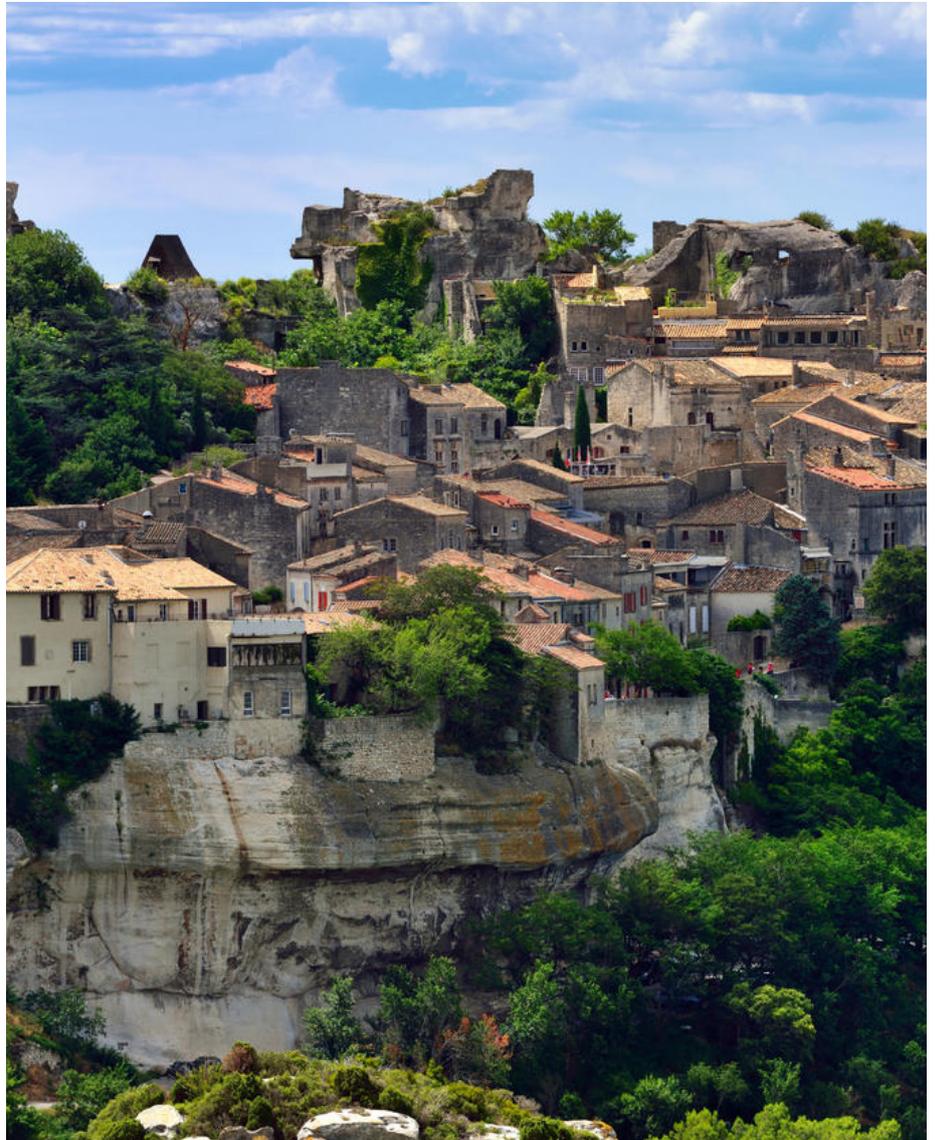
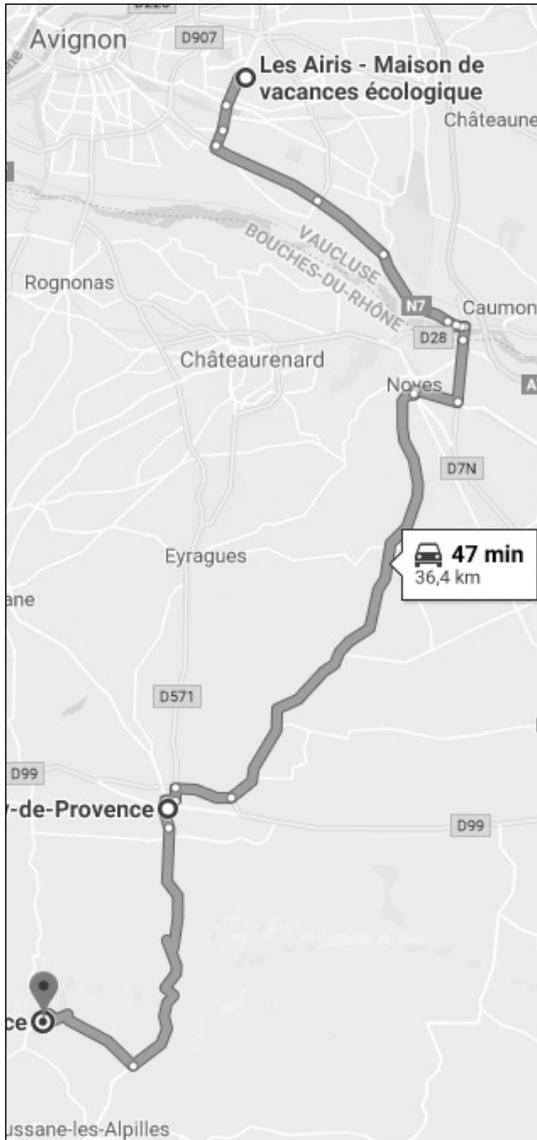
# Les Baux-de-Provence

Les Baux de Provence is located in the heart of the Alpilles on a rocky plateau at 245m. It dominates exceptional landscapes on Arles, the Camargue and the Alpilles and offers breathtaking panoramas.

Ruins of the medieval castle, chapel, exhibitions of siege machines, dungeon, Saracen tower ... Its historical heritage is exceptional.

Food lovers know that the village has several restaurants of international repute...

Outside the village, do not miss the permanent spectacle of the Cathedral of Image, a true audiovisual fairy projected on 4.000m<sup>2</sup> of rock walls as giant screens... Awesome!



Find this itinerary by following the link <https://goo.gl/maps/QQxKLxHSpcSVmhGE9>

# The wine in the Alpilles

To make the wine route is also a good way to discover the magnificent landscapes that offer the Alpilles and the villages that they shelter. Almost all organic, the wines grown there are excellent!

## 1. Domaine Dalmeran - St-Etienne-du-Grès

An exceptional domain where the art of vines echoes the magic of the place.

## 2. Château d'Estoublon - Fontvieille

A remarkable domain where it is pleasant to come for lunch, stroll, and taste.

## 3. Mas de Sainte Berthe – Les baux

At the foot of the ramparts of Les Baux de Provence, a miraculous land ...

## 4. Mas de la Dame – Les Baux

At the foot of the Château des Baux, an emblematic family estate ...

## 5. Mas de Gourgonnier - Mouriès

An old mas of the eighteenth century that cultivates the spirit Nature ...

## 6. Domaine de Lauzières - Mouriès

High quality biodynamic viticulture.

## 7. Domaine de la Vallongue - Eygalières

A domain in full renewal ...

## 8. Château Romanin - Saint-Rémy

A light bar with a thousand and one fold...

## 9. Domaine des Terres Blanches

Particularly neat reception.

At the foot of the Château des Baux, an emblematic family estate ...



# Arles



Arles is a Roman city, very pleasant and beautiful, rich in exceptional museums and Roman monuments.

Arles never stop attracting artists, Van Gogh stayed there with his friend Gauguin. Picasso, a bullfighting enthusiast, dedicated two paintings and 57 drawings...

From early July to late September, the city is animated by its renowned international photo festival (<https://www.rencontres-arles.com>), and the Easter weekend, by its Feria.

Find this itinerary by following the link <https://goo.gl/maps/ZeJNcbhJFdZuyRgz6>

Discovering the wildness of Camargue 1/5

# Camargue



Placed between the two arms of the Rhône, Camargue remains a land of exception, a country at the end of the world with its unique atmosphere that can not be found anywhere else.

A paradise for migratory birds, land of pink flamingos, bulls and horses, it has to be discovered in the respect of nature and traveled at a slow pace of walks, horseback riding, cycling or boating... far from the crowd, noise and pollution of cities.

Find this itinerary by following the link <https://goo.gl/maps/ZeJNcbhJFdZuyRgz6>

# Saintes-Marie-de-la-Mer



The Saintes Maries de la Mer offers many activities against the backdrop of a protected environment that has remained authentic.

Do not miss the panorama offered by the pond of Launes on the fauna and flora of Camargue, also take a walk along Port Gardian, fishing and pleasure port of Saintes Maries.

Find this itinerary by following the link <https://goo.gl/maps/ZeJNcbhJFdZuyRgz6>

# Natural beaches



It is in the Camargue that we find the most beautiful wild beaches that stretch to infinity among ponds and salt.

The beach of Piémanson is naturist.

Find this itinerary by following the link <https://goo.gl/maps/ZeJNcbhJFdZuyRgz6>

# Wines of Camargue



As in the Alpilles, very good wines are produced in the Camargue, most of them in organic farming. In particular, there are excellent rosés.

1. Domaine Isle Saint Pierre  
On an island in the Camargue, an area that cultivates its difference!
2. Domaine Attilon  
First organic domain of Camargue.
3. Mas de Rey  
A farmhouse dating from 1668, old vineyard.
4. Domaine de Bouchaud
5. Mas de Valériole  
A family estate that rhymes quality wines with respect for its exceptional natural environment...
6. Domaine de Beaujeu  
At the heart of the Camargue, on the edge of the Great Rhone, the Beaujeu estate stands out against the landscape...  
A monastic property, a family farm...

# Major cultural events of the region

## Avignon Festival

Theatre and danse

Once a year, 3 weeks in july

<http://www.festival-avignon.com>

## Les rencontres d'Arles

International photo festival

Once a year, from july the 1st to septembre the 30th

<https://www.rencontres-arles.com>

## The International Piano Festival of la Roque d'Anthéron

Once a year, from mid july to mid august

<http://www.festival-piano.com>

## The International Festival of Lyrical Art of Aix-en-Provence

Once a year, 3 weeks in july

<https://festival-aix.com>

## Orange choregies

Opera and classical music

Once a year, from mid june to the begining of august

<https://www.choregies.fr>

## The Southern Fiesta in Marseille

Concerts

Once a year in october

<http://www.dock-des-suds.org>